

the **TWO-PRONG** **Method**TM

AFFIRMATIONS PERFORMANCE CHART

The second page of this document is your Affirmations Performance Chart. To use it, you need to print it onto paper. To do so, you must have a printer hooked up to your computer. If you are viewing this on a laptop, tablet or eBook viewer without a printer, you need to wait until you have access to a printer.

When you are ready to print, move to the second page of this document, and then print twelve (12) copies of that page. This will give you twelve monthly charts, enough for one full year.

The Affirmations Performance Chart helps you stick to a schedule and stay committed to your program of affirmations. It also helps insure that you do not skip any part of the daily three-part procedure.

Use a fresh copy of this chart every month. Keep each month's chart somewhere easily accessible, and keep a pen or pencil nearby.

To use the chart, place a check mark in the appropriate space after you complete that particular activity. In the second column, you may wish to include a notation indicating which affirmation you wrote that day and how many times you wrote it. The object is to mark all three columns for every day of the month.

At the bottom of the chart are a few lines for you to record any comments you have regarding the process that particular month. Feel free to record any thoughts expressing how you feel about your progress at that point in time. If you need more space, write on the back of the chart.

Save your charts. You will then have an overview of how you are doing and what's been happening in your life. As time goes by, you will find it useful and rewarding to view past charts.

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AFFIRMATIONS PERFORMANCE CHART

Name: _____ Month: _____ Year: _____

DAILY ACTIVITIES

FIRST: Morning Reading & Visualization

SECOND: Writing (one affirmation only)

THIRD: Evening Reading & Visualization

Day	FIRST	SECOND	THIRD	Comments
1				
2				
3				
4				
5				
6				
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Comments: _____

THE TWO-PRONG METHOD

— A STATEMENT OF DEFINITION —

Money exists. Therefore, money is subject to the same natural laws as everything else that exists. The flow of money is governed by the interplay of opposing forces.

You radiate an attractive force (the force pulling money toward you) and a repellant force (the force pushing money away from you). To create a positive flow of money into your life, you must maximize your attractive force and, at the same time, minimize your repellant force.

The two-prong method consists of two separate techniques: (1) affirmations, to maximize your attractive force, and (2) glad-giving, to minimize your repellant force. These two techniques must be used in conjunction with one another. The two-prong method operates at a deeper level than other money-making plans; once the flow of money into your life is established, then, no matter what else you do, money comes your way.

THE TWO-PRONG METHOD PERSONAL POWER PACK

The Two-Prong Method Personal Power Pack contains a whole lot more than just your Affirmations Performance Chart. You also receive all forms and worksheets already prepared and ready to use with your practice of the two-prong method. This includes: affirmations worksheets and reference material, glad-giving worksheets and reference material, glad-giving performance record, affirmations writing forms, and several mini-posters.

To obtain your copy of the Personal Power Pack, click here:

flowofmoney.com/ppp